



## RED CROSS TRAINING WILL BE CONDUCTED AT I'FAMAGUON-TA

In an effort to bring training to the Department of Mental Health and Substance Abuse divisions, the staff development section will be conducting Red Cross CPR/AED/First Aid training at I'Famaguon-ta in East Agana. The training will be conducted on the 7<sup>th</sup>, 21<sup>st</sup>, and 28<sup>th</sup> of September 2012 and will run 8:00 A.M. until 3:00 P.M. The training can accommodate 10 personnel at a time. If you are interested in attending please contact Mrs. Roberta Guzman at 647-5470 or 5471.

## THE DEPARTMENT OF MENTAL HEALTH AND SUBSTANCE ABUSE TRAINED ANOTHER 8 PERSONNEL IN PROFESSIONAL CRISIS MANAGEMENT

Recently, August 26 – 29, DMHSA trained an additional 8 personnel in Professional Crisis Management for the month of August. This brings the department's numbers up to 125 personnel trained in Professional Crisis Management. "The primary reason for utilizing professional crisis management is to ensure our consumers do not get hurt while trying to deescalate them during a crisis. The ultimate goal is to not utilize transportation procedures, vertical or horizontal immobilizations but to present options (choices) before the use of "hands-on" procedures are necessary," says Joseph Foster, Staff and Development consultant. Soon the entire department will be utilizing Professional Crisis Management procedures. This will improve effectiveness because everyone will be on the same page when it comes to utilizing crisis strategies, preventions, intervention, and/or de-escalation procedures. Let's give a round of applause to the folks who completed the training:

👍 Roswell Garcia  
👍 Stephanie Pelena  
👍 Paul Muna

👍 Albert Naich  
👍 Melinda Okichy  
👍 Mary Jean Yanger

👍 Nancy Schlosbon  
👍 Venese Leon Guerrero

## DID YOU KNOW?????

### SAMHSA News (Summer 2012, Volume 20, Number 2)

<http://www.samhsa.gov/samhsaNewsLetter/default.aspx>

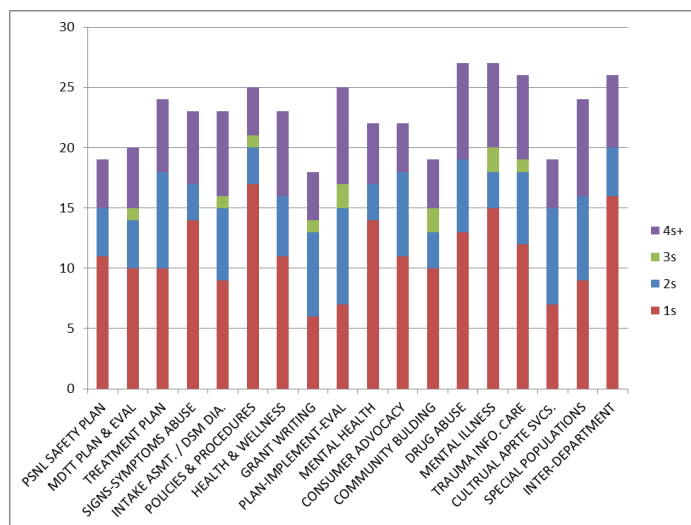
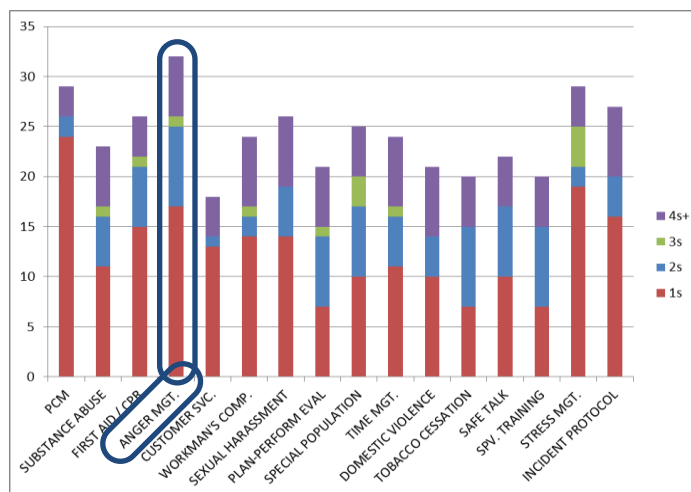
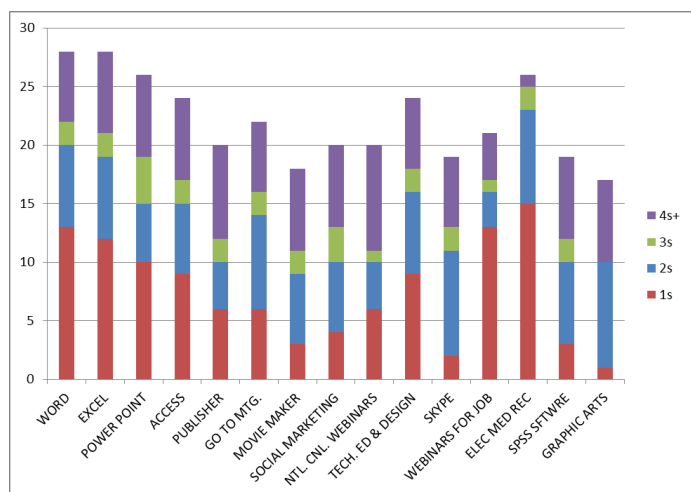
- Celebrating Two Decades of Progress in the Behavioral Health Field
- Underage Drinking Campaign: Local Communities Take Active Role
- National Children's Mental Health Awareness Day 2012
- Helping Diverse Populations Access Behavioral Health Care
- Regional Administrators Bring Behavioral Health Nationwide
- National Prevention Week

### TED (ideas worth spreading)

[http://www.ted.com/talks/lang/en/jd\\_schramm.html](http://www.ted.com/talks/lang/en/jd_schramm.html)

- JD Schramm: Break the silence for suicide attempt survivors

Results of a recent survey are shown in the following charts. The results will contribute in developing the upcoming training schedule. If you have additional comments or questions, please contact Mrs. Roberta Guzman at 647-5470 or 5471.



Each column shows the total number of people interested in a specific course. The column is broken down into the level of priority. Let's take a look at the column for ANGER MANAGEMENT (circled above):

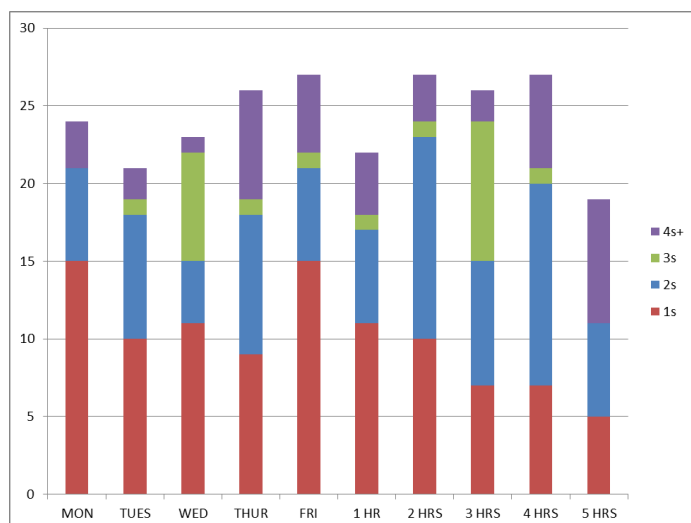
Total number of responses = 32

Number of responses with a priority of 1 = 17

Number of responses with a priority of 2 = 8

Number of responses with a priority of 3 = 1

Number of responses with a priority of 4 or more = 6



The chart on the left shows the preferred days for training the amount of time for each course. At a rough glance, most folks prefer 2 hour trainings on Fridays.

Your input will be taken into consideration when the course schedule is planned. Please note, based on the specific requirements of the course, specific days and times may not reflect the preferences in the survey.

## CALENDAR OF EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				7 RED CROSS CPR/FIRST AID/AED 8:00 AM UNTIL 3:00 PM l'Famaguon-ta
10	11	12 3 HOUR RETRAINING PCMA SESSION	13	14
17 NOT AVAILABLE	18 NOT AVAILABLE	19 NOT AVAILABLE	20	21 RED CROSS CPR/FIRST AID/AED 8:00 AM UNTIL 3:00 PM l'Famaguon-ta
24	25	26	27	28 RED CROSS CPR/FIRST AID/AED 8:00 AM UNTIL 3:00 PM l'Famaguon-ta
1	2	3	4	5
8	9	10	11	12